

Be a Super Hero in Child Nutrition

You will:

- ◆ Discover the super power of Meatless Mondays
- ◆ Bring salt, sugar and fat to their knees in menu planning
- ◆ Break free from the chains of processed foods
- ◆ Discover the force of fruits and vegetables
- ◆ Unleash the power of whole grain foods

WHAM



POW!

Have fun as you:

- ◆ Prepare and taste new menu ideas
- ◆ Find ways to involve parents and children in your super adventure
- ◆ Unite with fellow super hero's to share success stories
- ◆ Walk away with books, resources, ideas and valuable prizes.



REGISTRATION REQUIRED for this annual CACFP required training:

Email horizons@bayland.net or call 920-826-7292

Both trainings will be 6:30 - 8:30PM

May 13 Green Bay: Humana Insurance Building: 1100 Employers Blvd

May 15 Kimberly: Child Care Resource and Referral:
1 W. Kennedy Avenue, Suite A

If you have them please bring:

Healthy Bites

CACFP Menu Planning Guide

A home study packet will be available for those who cannot attend. However, some of the resources will only be available to attendees.