













Fluid Milk Substitutions in the Child Nutrition Programs

Non-Dairy Beverages Meeting United States Department of Agriculture Substitution Criteria per Eight Fluid Ounces

Nutrients	USDA Criteria per 8 Fluid Ounces	<i>8th Continent Original Soymilk</i> 	<i>8th Continent Vanilla Soymilk</i> 	<i>Pacific All Natural Ultra Soy Original</i> 	<i>Pacific All Natural Ultra Soy Vanilla</i> 	<i>Kikkoman Pearl Organic Soymilk Smart Original</i> 	<i>Kikkoman Pearl Organic Soymilk Smart Creamy Vanilla</i> 
Calcium (mg)	276	300	300	300	300	300	350
Protein (g)	8	8	8	10	10	8	9
Vitamin A (IU)	500	500	500	500	500	500	500
Vitamin D (IU)	100	100	100	100	100	100	120
Magnesium (mg)	24	24	24	60	60	24	80
Phosphorus (mg)	222	250	250	250	250	250	400
Potassium (mg)	349	360	460	460	460	350	410
Riboflavin (mg)	0.44	0.51	0.51	0.51	0.51	0.51	0.765
Vitamin B12 (mcg)	1.1	1.2	1.2	1.5	1.5	1.2	1.5
Packaging		64 fl. oz. carton	64 fl. oz. carton	64 fl. oz. carton	64 fl. oz. carton	8.25 fl. oz. single-serve size	8.25 fl. oz. single-serve size

*The Wisconsin Department of Public Instruction does not endorse the companies or products listed. This chart is for informational purposes only. Contact the manufacturer at the time of purchase to ensure that product formulations have not changed.

Nutrients	USDA Criteria per 8 Fluid Ounces	<i>Kikkoman Pearl Organic Soymilk Smart Chocolate</i> 	<i>Walmart Great Value Original Soymilk</i> 	<i>Sunrich Naturals Original Soymilk</i> 	<i>Sunrich Naturals Vanilla Soymilk</i> 	<i>Silk Original Soymilk</i> 	<i>Kirkland Signature Organic Soymilk Plain</i> 
Calcium (mg)	276	400	300	300	300	450	300
Protein (g)	8	8	8	8	8	8	8
Vitamin A (IU)	500	500	500	500	500	500	500
Vitamin D (IU)	100	120	120	100	100	120	120
Magnesium (mg)	24	100	40	40	40	60	40
Phosphorus (mg)	222	450	250	250	250	250	250
Potassium (mg)	349	550	360	360	360	370	360
Riboflavin (mg)	0.44	0.765	0.51	0.425	0.425	0.51	0.51
Vitamin B12 (mcg)	1.1	1.5	3	1.2	1.2	3	3
Packaging		8.25 fl. oz. single-serve size	64 fl. oz. carton	8 fl. oz. carton	8 fl. oz. carton	64 fl. oz. carton	32 fl. oz. carton

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