## Common Fillers and Extenders

Meats must be $100 \%$ meat and contain no fillers and extenders to be creditable on the food program. If the item is not $100 \%$ a CN label or Product Formulation Statement is required for it to be creditable.

You will need to read the ingredient list on the packaged to determine if the product contains fillers or extenders.

Some common examples of fillers and extenders are:

- Cereal
- Soy protein concentrate
- Isolated soy protein
- Sodium caseinate
- Starchy vegetable flour
- Vegetable starch
- Dry or dried whey
- Whey protein concentrate
- Dried Milk
- Soy flour
- Wheat gluten
- Tapioca dextrin
- Vegetable protein

